*A picture containing person, indoor, person

Description automatically generated***Kendra Goehring**

910-409-2743|4740 Sweetfern Row #302 Wilmington, NC 28411 | [IMDb](https://www.imdb.com/name/nm5399390/)

**Musical Theatre in Acting/Acting/Laban Movement**

***Member of Equity UK ♦ SAG Eligible ♦ Wilmington Star News Theatre Awards Winner***

A passionate, playful, and creative Meisner and Laban trained **Theatre Actor, Director, and Choreographer** with musical theatre background, Bringing along 12+ years of experience in the field. Dedicated towards helping train future actors by teaching them a wide range of methodologies, and expressive movement; allowing them to hone their skills by self-exploration whilst allowing them to connect their mind, body, and spirit. Skillful in guiding and enabling the actor to discover their authentic self through collaborative practices, improvisational work, creating a physical language, and movement exploration along with encouraging them to find a sense of ease within their working body. Bringing a high energy to the classroom and a steady handed guidance giving actors these tools for their personal practice. A dynamic teacher and natural team leader recognized for outside the box thinking, bringing along effective communication and cross-functional coordination skills.

***Skills:*** *Voice | Theatre | Acting | Dancing | Characterization | Musical Acting | Choreography/Movement Direction| Meisner Method | Laban Movement | Curriculum Development | Classroom Management | Creative Thinking | Training/Development*

***Voice:*** *Classically trained Alto-Soprano; Dolores Simonel*

***Acting:*** *Meisner Method; Richard Gang*

***Dance:*** *25 years of training: Ballet, Tap, Jazz, Musical Theatre Dance, and Modern*

*Nina Wheeler, Gene Medler, Linda Sabo, Rebecca Hutchins, Geoffrey Holder, Brad Moranz, Jennifer Hammond-Moranz*

**Career History: Higher Education and Arts Education**

**Guildford School of Acting**, Guildford, England

**Meisner Method; Foundation Year | Fall 2021**

* Taught Meisner Method classes through scene study: the study was focused on discovering instinct and the method by which to enter a scene at a full emotional peak.

**Meisner Method classes (online) Foundation Year | 2020-2021**

* Taught Meisner Method classes to the Foundation students on zoom for 9 weeks.
* Developed the curriculum to fit the nature of zoom as well as created a safe working space to develop the work.

**Laban Movement | 2020-2021**

* Assisted the Tutor where needed, online.
* Developed the Actor Limbers and led multiple effort weaves through the course.
* Received feedback and took those constructive notes further to hone the teaching craft.

**Stretch and Strength, BA Actors 1st year | 2020-2021**

* Developed a 12-week course based on strengthening the Actor body.
* This was a mandatory extracurricular course the actors took: guided these sessions all online, through zoom.

**Actor Limbers | 2021**

* Developed well-crafted actor limbers to engage the master’s students bringing them into their worker body prior to class.

**Assistant Movement Director/Vocal Captain | 2021**

* Assisting the Movement Director and Vocal Coach on an MA acting project.
* Working alongside the movement director: devising the movement vocabulary of the show
* Leading actor limbers before rehearsal: connecting the actors mind and body; bringing them into space and engaging their working body.
* Leading vocal warmups as needed and assisting to meet the actor's vocal needs

**BA Acting Shakespeare project: Verse and Text**

* Assisting the direction of these pieces by meeting with the actors weekly to help sharpen their text and verse work.

**Instructional lesson:**

**Syracuse University BFA Musical Theatre Laban Movement September 2022**

**This was an online lesson taught for Kiira Carper’s Choreography class.**

**Instructional lesson for Interview:**

**East Carolina University BFA Musical Theatre Acting through Song August 2022**

**Penn State University BFA Actors Laban Movement May 2022**

**Southern Illinois University BFA Actors and Musical Theatre Laban Movement March 2022**

**Arts Education:**

**GLOW**, Wilmington, NC 2016 – 2019

**Free to be you and me**, Wilmington, NC 2014 – 2015

**DREAMS**, Wilmington, NC 2014 – 2015

**TACT Academy**, Wilmington, NC 2012 – 2019

**Danceworks**, Wilmington, NC 2007 – 2009

**On Broadway Performing Arts**, Wilmington, NC 2005 – 2009

* Created an adaptable space of learning, implementing truthful moments, sitting in those moments, while listening and responding to one another; then reflecting on these to find that connection within.
* Stimulated growth, enabling freedom and bravery through the acting choices of students while bringing awareness of self and honing skill through crafted and detailed work.
* Maintained training excellence, pioneered creativity, and drove change in an inclusive learning and training environment.
* Taught Musical Comedy and Characters, Acting in Film, Musical Theatre Dance for students from 3-17 years of age along with delivering classes in the style of: Tap, Jazz, and Musical Theatre Dance.
* Delivered and directed actor training classes, projects, and productions across Acting and Musical Theatre programs.
* Assisted in developing modules and recruitment of students at auditions along with providing guidance, support and pastoral care as a tutor to students.
* Developed curriculum to engage, encourage, and educate students in all areas of performing, at different skill levels.
* Guided children with special needs ranging from Down-syndrome to Autism along with neurotypical children creating a performance each year for the children to perform.
* Encouraged the girls through leadership and inclusion at GLOW, with the hope that they will all graduate and attend college.

***Academic Teaching Jobs***

**Rachel Freeman Elementary**, Wilmington, NC 2015 – 2016

**St. John’s Episcopal Preschool**, Wilmington, NC2007 – 2015

* Worked as Second Grade Teacher’s Assistant and in Preschool taught children from two-five years of age.
* Developed curriculum for the academic year and planned classroom layout.
* Met the differentiated needs of students as well as established and maintained standards of student behavior needed to achieve a functional learning atmosphere in the classroom.

*Cruise*

**Kennedy Entertainment**; Palm Beach Princess, Palm Beach, FL

*Films*

**Parental Guidance (Supporting)** | Peter Chernin, Billy Crystal | Producers: Kevin Halloran, Samantha Sprecher | Director: Andy Fickman

**Good Ol’ Girls (Lead)** | Producers PBS and Minnow Media | Director: Bo Thorpe

**Finding Home (Supporting)** | Independent Film | Dock Street Productions

*Television*

**Banshee (Supporting)** | Cinemax

*Industrials*

**HRET/PSIP Cord Prolapse; Medical Educational Video (Lead)** | Contrast Creative: Producer/Director

*Theatre*

**Babe the Sheep Pig (Babe)** | GSA dir. Chloe France

**Three Sisters (Olga/Kulygin)** | GSA dir. Darrell Brockis

**Romeo and Juliet (Lady Capulet)** | GSA dir. Katarzyna Deszcz

**Twelfth Night; scene (Olivia)** | GSA dir. Jaq Bessell

**The Notebook: The Musical (Allie)** | Bethany Joy Galeotti and Ron Aniello, Wilmington, NC

**Ragtime (Ensemble)** | North Carolina Theatre, Raleigh, NC

**Good Ol’ Girls (Kendra)** | Cape Fear Regional Theatre, Fayetteville, NC

**Steel Magnolias (Shelby)** | Cape Fear Regional Theatre, Fayetteville, NC

**Smokey Joe’s Café (Patti)** | Temple Theatre, Sanford, NC

**Raney (Raney)** | TheatreNow, Wilmington, NC

**Mamma Mia (Donna Sheridan)** | Opera House Theatre Company, Wilmington, NC

**Violet (Violet Karl)** | Opera House Theatre Company, Wilmington, NC

**South Pacific (Nellie Forbush)** | Opera House Theatre Company, Wilmington, NC

**Chicago (Roxie Hart)** | Opera House Theatre Company, Wilmington, NC

**Evita (Eva Peron)** | Opera House Theatre Company, Wilmington, NC

**Crazy For You (Polly)** | Opera House Theatre Company, Wilmington, NC

**Carousel (Julie Jordan)** | Opera House Theatre Company, Wilmington, NC

**Into the Woods (Cinderella)** | Opera House Theatre Company, Wilmington, NC

**City of Angels (Gabby/Bobbi)** | Opera House Theatre Company, Wilmington, NC

**Jesus Christ Superstar (Mary Magdalene)** | Opera House Theatre Company, Wilmington, NC

**Kiss Me Kate (Lilli Vanessi/Katharine)** | Opera House Theatre Company, Wilmington, NC

**On the Town (Claire DeLoone)** | Opera House Theatre Company, Wilmington, NC

**Oklahoma (Laurey)** | Opera House Theatre Company, Wilmington, NC

**The King and I (Anna)** | Opera House Theatre Company, Wilmington, NC

**Thoroughly Modern Millie (Millie)** | Opera House Theatre Company, Wilmington, NC

**Peter Pan (Peter)** | Opera House Theatre Company, Wilmington, NC

**Sweet Charity (Charity)** | Opera House Theatre Company, Wilmington, NC

**A Chorus Line (Diana Morales)** | Opera House Theatre Company, Wilmington, NC

**Smokey Joe’s Café (DeLee)** | Opera House Theatre Company, Wilmington, NC

**Legally Blonde (Serena)** | Opera House Theatre Company, Wilmington, NC

**A Little Night Music (Petra)** | Opera House Theatre Company, Wilmington, NC

**Gypsy (June)** | Opera House Theatre Company, Wilmington, NC

**Joseph and the Amazing…(Narrator)** | Opera House Theatre Company, Wilmington, NC

**The Lieutenant of Inishmore (Mairead)** | City Stage, Wilmington, NC

**Debbie Does Dallas (Debbie)** | City Stage, Wilmington, NC

**Great American Trailer Park Musical (Jeannie)** | City Stage, Wilmington, NC

**The Threepenny Opera (Lucy Brown)** | City Stage, Wilmington, NC

**Rocky Horror Show (Columbia)** | City Stage, Wilmington, NC

**Beauty and The Beast (Belle)** | Thalian Association, Wilmington, NC

**The Little Mermaid: Concert (Ursula)** | Thalian Association, Wilmington, NC

**Songs for A New World (Woman 1)** | TriUs Productions, Wilmington, NC

**Smokey Joes Café (Patti)** | Heritage Repertory, Charlottesville, VA

**You’re A Good Man Charlie Brown (Sally)** | Galveston Island Musicals, Galveston, TX

**A Chorus Line (Maggie)** | Central Piedmont Theater, Charlotte, NC

**Direction:**

**The Philadelphia Story:** Thalian Association, Wilmington, NC

**RENT**; Opera House Theatre Company, Wilmington, NC

**The Wild Party**; City Stage, Wilmington, NC

**A Chorus Line**; Thalian Association Children’s Theater, Wilmington, NC

**Footloose**; Thalian Association Children’s Theater, Wilmington, NC

**Godspell**; Thalian Association Children’s Theater, Wilmington, NC

**You’re a Good Man**; Thalian Association Children’s Theater, Wilmington, NC

**Choreography/Movement Directions:**

**Good Ol’ Girls**; Cape Fear Regional Theatre, Fayetteville, NC

**Company**; Cape Fear Regional Theatre, Fayetteville, NC

**The Producers**; City Stage, Wilmington, NC

**Reefer Madness**; City Stage, Wilmington, NC

**The Who’s Tommy**; City Stage, Wilmington, NC

**Carrie The Musical**; City Stage, Wilmington, NC

**Big Fish**; City Stage, Wilmington, NC

**The Rocky Horror Show**; City Stage, Wilmington, NC

**The Tempest**; Dramtree Shakespeare, Wilmington, NC

**Pippin**; Thalian Association, Wilmington, NC

**The Producers**; Opera House Theatre Company, Wilmington, NC

**RENT**; Opera House Theatre Company, Wilmington, NC

**Jesus Christ Superstar**; Opera House Theatre Company, Wilmington, NC

**The Music Man**; Opera House Theatre Company, Wilmington, NC

**Education and Other Credentials**

**MFA Acting** | Guildford School of Acting, Guildford, UK | 2021

**BFA Music Theatre** | Elon University, Elon College, NC | 2003

**Expertise**: **Meisner Method and Laban movement**

**Trainings/Certifications/Studies:**

**Meisner-Laban-Stanislavski**

* Actors Combat Theatrical Training: Standard level: Merit in Unarmed, Single Sword, and Rapier
* Devised and Collaborative theatre
* Viewpoints
* Chekhov
* Le Coq
* Animal Studies
* Intimacy Coordinating
* Shakespeare Verse/text work

***AWARDS***

* *Wilmington Star News Theater Awards HOST 2016*
* *Wilmington Star News Theater Awards:* 
  + *8 Nominations and 2 Wins*
  + *Best Choreography: Willy Wonka*
  + *Best Actress in a Play: RANEY*
  + *5 Best Actress in a Musical Nomination*
  + *Best Actress in a Musical WINS: Roxie Hart/Chicago and Laurey/Oklahoma*